

What to Bring & Not to Bring

Cornerstone: Destination Syracuse 2006

WHAT TO BRING

- **Deodorant, toothbrush, toothpaste, shampoo, soap, etc. (Basic toiletries)**
- **Towel(s)/washcloth(s)**
- **Bedding (Sleeping bag, pillow, sheet, etc) & something soft to sleep on (optional)**
- **Clothes for 2 days**
 - **Work clothes**
 - **Normal Clothes**
- **Nightgown (no flimsy night clothes please)/sleeping clothes**
- **SNEAKERS and an additional pair of shoes**
- **Bible/journal/devotional**
- **Alarm Clock w/batteries**
- **Any prescription medicine that you need**
- **Snacks in sealed containers**
- **Water**
- **Camera**
- **Sunscreen**

WHAT NOT TO BRING

- **Prank items such as: duct tape, saran wrap, shaving cream, etc.**
- **Walkman/CD player/iPod/etc.**
- **CD's**
- **Game boy or any electronic game device**
- **Cigarettes, drugs, alcohol, weapons, fire arms, and fire work paraphernalia of any sort**